

Easy Play Dress by sewingmel

Items needed:

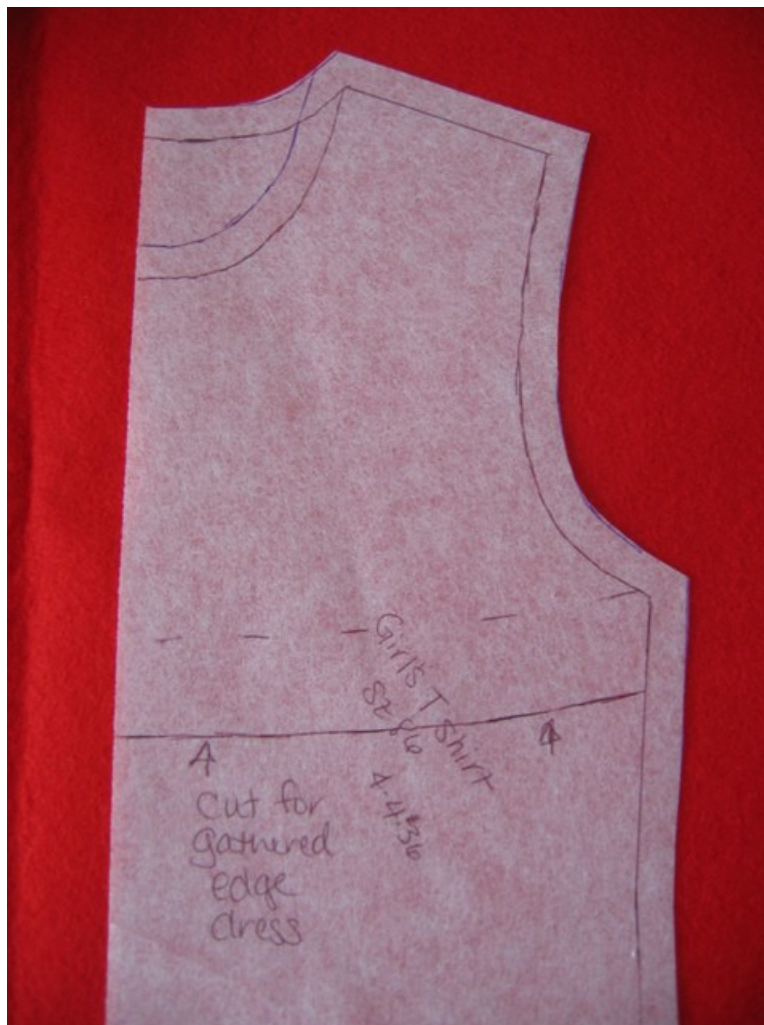
- your favorite girl's t-shirt pattern
- knit fabric for bodice
- woven or knit fabric for skirt
- foe or binding for neckline

Step 1:

Adjust your favorite t-shirt pattern. Mine is Otto 4/04 #36. If you don't have this issue, please buy it today! It is so worth it!

A: Draw a line from the underarm seam to the center of your shirt. I drew it slightly sloping down, but you can go straight across if you like. This is the dotted line.

B: Draw a solid cutting/folding line as far away from the dotted line as you like. I just did a 1" line this time, but I do 2-3" for bigger sizes.



Step 2:

Cut out front, back, and sleeves. This can be done with long sleeves, short sleeves, or no sleeves (you would need foil for the armholes).



Step 3:

Sew up shoulders, and attach sleeves. Pretend that you are sewing up a regular t-shirt for now.



Step 4:

Finish sleeve hems any way you like. I just folded under and used a zig-zag stitch. You could also coverstitch, use a rolled hem, use trim, or use fofe. The choice is yours! Be creative!



Step 5:

Pin each arm and underarm together. Sew last seam in shirt.



Step 6:

Decide how long you want to make your skirt. I made mine 16 inches for a 2T/86. Cut a long rectangle the width of your fabric (if woven) or about double the width of your waist by your desired length. If you are making a much larger dress, you may need 2 lengths of fabric for the skirt.



Step 7:

Finish your hem any way you like. See step 4. I turned mine under 1/4" and again at 1".



Step 8: Please remember this step! I always forget it!

Mark your four equal parts (front, sides, and back). Your back seam is not finished at this point. I kept in mind that I would use 1/2" seam to take care of the selvage I did not cut off.



Step 9:

Sew 2 gathering lines about 1/4" apart along top edge of fabric. (Pay no attention to the presser foot. The stitches are on the far right.) Gather up skirt.



Step 10:

Match up midpoints of skirt and shirt and pin fabric right sides together. Sew back seam shut.



Step 11:

Sew bodice to skirt.



Step 12:
Finish neckline with foe, binding, or ribbing. I chose foe.



You are finished!

